

# LISD School Health Advisory Council Minutes

Feb 15, 2023

## I. Call to Order @ 6:04

- A. Opening remarks were made by Courtney Houghton and Melanie Vincelette.

## Approval of Minutes

- B. There was a 1st and 2nd for the approval of the January 17 meeting minutes and the motion to approve carried.

## II. Child Nutrition – E. Minden, Child Nutrition

- A. Shared information on the new food truck visiting the high schools.

## II. Old Business

- A.

## New Business

### A. Sub-Committee Breakout

1. All four teams broke out to have about 25-30 minutes of discussion time..

### B. Sub-Committee Report Out

1. Recommendations to Council

- a) Secondary Growth and Development - Discussed Goodheart Willcox material for the 6th grade Health TEKS. Committee members are finishing their feedback and recommendation for 6th grade. Presented the Goodheart Willcox material for the 7th grade Health TEKS with instructions for completing feedback and recommendation by the March 8 meeting.
- b) Elementary Growth and Development - The sub-committee concluded its review of the videos from Marsh Media titled, Meet the New You for Girls and Boys.

(1) The following action was taken: Motion made by Kelly Hayunga ;  
“The subcommittee for Elementary Growth and Development curriculum is making the motion to recommend the Marsh Media videos, Meet the New You for Girls, up to the 11 minute mark, be presented for Public Review. “ Motion was seconded by Gala Langley. Discussion was conducted and the General SHAC voted to approve the motion with a %100 in favor.

(2) The following action was taken: Motion made by Kelly Hayunga ;  
“The subcommittee for Elementary Growth and Development curriculum is making the motion to recommend the Marsh Media video, Meet the New You for Boys, up to the 9 minute mark, be

presented for Public Review. “ Motion was seconded by Gala Langley. Discussion was conducted and the General SHAC voted to approve the motion with a %100 in favor.

(3) Both of these videos will be presented at two public review meetings in March. The meetings will be advertised on the district and campus websites.

- c) Wellness Plan- Reviewed child obesity rates, recommended screen time and nutritional guidelines, added recommendations to the district wellness plan.
- d) MS SEL Curriculum Review - Reviewed Chapter 120 Character Education TEKS for Middle School. Previewed 2 Draft MS Character Education Lessons that addressed 2 of the 3 TEKS.

c. Adjournment - @ 7:04